

## “Thou Hast Been A Refuge For Me” Psalms 61:1–4

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### David's Problems

*“Hear my cry, O God; attend unto my prayer.  
From the end of the earth will I call unto thee,  
when my heart is overwhelmed”*

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### David's Method of Handling Problems

- ▶ **He prayed to God.** *“Hear my cry, O God; attend unto my prayer”* verse 1. (cf. Hebrews 5:7; James 1:2–4).
- ▶ **David expected help from God.** *“For thou hast been a refuge (shelter NKJV) for me, a strong tower from the enemy”* verse 3 (*1 Samuel 17:34; 1 Samuel 18ff; 1 Samuel 21:10*)
  - Daniel. Daniel 6
  - Shadrach, Meshach, and Abed-nego. Daniel 3:19ff
  - Hezekiah. 2 Kings 18–19
  - Jonah. Jonah 2:10
  - Peter. Acts 12
  - Sometimes, however, God does not deliver us from our problems. *2 Corinthians 12:9–10*

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### David's Concept of God

- ▶ *“The **rock** that is higher than I.”* Verse 3
- ▶ *“For thou hast been a **shelter** for me,*
- ▶ *“and a **strong tower** from the enemy.”* Verse 3 KJV

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### David's Trust In God

*“I will trust in the shelter of Your wings.”  
Verse 4 NKJV*

- ▶ David Trusted God in Peace. *1 Samuel 17:34;*
- ▶ David Trusted God in Troubles. *1 Samuel 18ff; 1 Samuel 21:10*

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### Conclusion:

- ▶ When troubles come ... Let us practice what we sing ...
- ▶ Hymns For Worship #367

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